



Greg Jones ▶ Worship Leaders Collective



38 mins ·

I've come to the conclusion that every people issue that arises in my worship ministry comes as a result of a lack of self-awareness.

From the pitchy vocalist to the prickly bass player, to the diva soloist, to the drummer who plays too much....

And non-musically, to the person who is too easily offended, to the person who offends people too easily....

Agree? Disagree?

Let discuss!



Self awareness –

having conscious knowledge of one's own character and feelings.

"we're self-aware enough to know we're making mistakes"

You must stay **objective**, you can't be **emotionally bent** toward an opinion.

1. You don't know what you don't know!
2. You can't see the picture from inside the frame...

Rom 12:3 - As your spiritual teacher I give this piece of advice to each one of you. Don't cherish exaggerated ideas of yourself or your importance, but try to have a sane estimate of your capabilities by the light of the faith that God has given to you all. For just as you have many members in one physical body and those members differ in their functions, so we, though many in number, compose one body in Christ and are all members of one another.

7 signs you are not self aware –

You're a bully. If you didn't have emotions, you wouldn't be human. Feelings are important guidance mechanisms. Anger and aggression are no different. They're signs that you feel threatened or scared. You go on the offensive and bully to protect something deep within you, something you don't want people to see, often feelings of weakness and vulnerability. Ironic, isn't it?

You're defensive. When chief executives resist a consultant or executive coach who wants to meet with their staff or outside directors one-on-one, when genuine and objective feedback makes them agitated or even angry, that's a sure sign. I'm not even sure why they call it "defensive, since defensive people almost always deflect by going on the offensive.

You're controlling. When you behave in a controlling way--when you micromanage, pick on the little things--it usually means you're not dealing with a big thing that's really bugging you. It means you're not paying attention to something really important. Left unchecked, that can definitely take you down a dark path.

You're passive aggressive. When you say, "Sure, no problem," then turn around and do the exact opposite, it means you don't want to confront others or be confronted by them. It's a deflection, an attempt to throw them off the scent so you don't have to deal with something that affects you deeply. Again, it's usually something you're not consciously aware of, something that makes you feel vulnerable or embarrassed.

Your behavior changes. When your behavior changes to the point where it's noticeable to others who know or work with you, that's definitely a sign that you're really bothered by something and not aware of how it's affecting your mood. If someone brings it to your attention and you're defensive, that's an even bigger sign.

You're grandiose. When we make over-the-top overtures to how confident we are in our ideas, our plans, our business, when our strategies defy objective reasoning or our goals don't pass the smell test, that's a sign we're genuinely in over our heads and are overcompensating to appear like we've got everything under control. I've seen and worked with quite a few CEOs in grandiose mode. If they don't come to terms with it, it never ends well.

You make excuses. Excuses, any kind of excuses, are ways of avoiding or deflecting negative attention. Pointing fingers and blaming others are common avoidance techniques that communicate our resistance to being held accountable. That's why playing the blame game is such a transparent sign of dysfunctional leadership or management. And yet, we see it all-too-often, don't we?