

time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
9:00							
10							
11							
12							
1:00							
2							
3							
4							
5							

Resources:

Place	item	phone	address
Our daily bread	meals 11:30	242-5718	w Randolph
Hope outreach day center /	shower, laundry	237-3695	w Broadway
CDSA	housing, medicine	242-6131	2615E Randolph
DHS	food stamps	548-2050	s Van Buren
NWCB	mental health, counseling	234-3791	702 N Grand
Stepping Stones	abuse / re-hab	233-6070	701 w Maine
Prob and parole		977-3400	900 W Cherokee

